

Veterans Affairs and Rehabilitation

The American Legion Auxiliary is a community of volunteers serving veterans, military, and their families. We, as volunteers provide many important functions at our VA Medical Center, VA Homes and in our communities.

As you volunteer at any activity please track your hours, type of event, number of volunteers and mileage. You will need these numbers for the end of year report.

The American Legion Auxiliary has partnered with "Wreaths across America", which is a day of remembrance and honor in December. Your unit may wish to consider participating in this program. More information can be found on www.wreathscrossamerica.org.

November is Military Family Month. We can take this opportunity to thank our military families for their strength and dedication they show in support of our service members.

Attention Caregivers: Auxiliary members may be eligible (PCAFC) Program of Comprehensive Assistance for Family Caregivers if you are caring for your husband. Please check the flyer for more information.

Food Drive: At the Mid-Winter conference, I will be asking for you to donate a can of food to be donated to the food pantry at the VA Hospital in Boise. I will send out a list of suggested items needed later.

Carol's theme is Fire, so let's keep it burning brightly for our veterans.

If you need ideas for Service to Veterans please feel free to contact me; JCMeter@gmail.com or 208-590-2452.

"Service Not Self "

Car men Metzger

VA& R Chairman



Program of Comprehensive Assistance for Family Caregivers (PCAFC)



The VA recognizes the significant role of family caregivers in supporting the health and wellness of Veterans. Auxiliary members may be eligible to apply for the Program of Comprehensive Assistance for Family Caregivers (PCAFC). As of October 1, 2022, this program (PCAFC) is now open to family caregivers of eligible Veterans of all eras. This includes eligible Veterans who served after May 7, 1975, and before September 11, 2001.

Are Auxiliary members eligible for the Program of Comprehensive Assistance for Family Caregivers?

Auxiliary members may be eligible if you and the Veteran you are caring for meet all of these requirements.

You must be at least 18 years old. And at least one of these must be true for you:

- * You are a spouse, son, daughter, parent, stepfamily member, or extended family member of the Veteran, or
- * You live full time with the Veteran, or you are willing to live full time with the Veteran if we designate you as a family caregiver.

Eligibility requirements for the Veteran

All of these must be true for the Veteran you are caring for:

- The Veteran has a VA disability rating (individual or combined) of 70% or higher, and
- The Veteran was discharged from the U.S. military or has a date of medical discharge, and
- The Veteran needs at least 6 months of continuous, in-person personal care services.

What are personal care services? These are services the eligible Veteran needs from another person. They include care or assistance to support the Veteran's:

- * Health and well-being
- * Everyday personal needs (like feeding, bathing, and dressing)
- * Safety, protection, or instruction in their daily living environment

Eligible Primary Family Caregivers may also receive:

- * A monthly stipend (payment)
- * Access to health care benefits through the Civilian Health and Medical Program of the Department of Veterans Affairs (CHAMPVA)—if you don't already qualify for care or services under another health care plan
[Learn more about CHAMPVA](#)
- * At least 30 days per year of respite care for the Veteran.

How do Auxiliary members apply for this program? You (Auxiliary member) and the Veteran will need to apply together and participate in an application process to determine if you are eligible for the Program of Comprehensive Assistance for Family Caregivers. You both will need to sign and date the application and answer all questions for your role.

Apply online or by mail at, [The Program of Comprehensive Assistance for Family Caregivers](#)

[https:// www.va.gov/family-member-benefit/comprehensive-assistance-for-family-caregivers/](https://www.va.gov/family-member-benefit/comprehensive-assistance-for-family-caregivers/)

Apply In person Bring the completed VA Form 10-10CG to your local VA medical center's Caregiver Support Coordinator. To find the name of your local coordinator, you can: [Go to the VA Caregiver Support Coordinator directory](#), or Contact the Caregiver Support Line at [855-260-3274](tel:855-260-3274), Monday through Friday, 8:00 a.m. to 10:00 p.m. ET, and Saturday, 8:00 a.m. to 5:00 p.m. ET, and Saturday, 8:00 a.m. to 5:00 p.m. ET

VAMC FOOD PANTRY LIST

Please bring food to the VAVS in Boise! Food is needed to feed our veterans and their families!
Here are some suggestions:

Spam

Jelly

Instant noodles/rice

Canned chicken, tuna, pork, or beef

Frozen 1 lb. packs of ground beef

Frozen meals

Cereal

Dinty Moore beef stew/microwave meals

Hamburger helper

Canned fruit

Beef ravioli

Spaghetti sauce

Noodles

Peanut Butter

Chunky soup

Snack items-chips, granola bars, small packs of cookies, crackers, etc. We are providing more and more food assistance to families with children, so these snacks come in handy for that.

Chili

Oatmeal cups

Protein drinks

Can openers

We welcome any pop top items we can get for our guys living in their vehicles/in the shelter.

Thank You!

Tammy Lanning, MPA

Voluntary Service Program Manager

Boise VAMC

Office: (208) 422-1175

Cell: (208) 573-2171